THE TRUE SELF INITIATIVE

GETTING YOUR HORMONE REPLACEMENT THERAPY (HRT) PRESCRIPTIONS AT LITTLE TO NO COST

ABOUT PARK WEST PHARMACY

For over 40 years, Park West Pharmacy has provided outstanding service to West Little Rock and the surrounding communities. We place our patients at the center of our healthcare team through communication and education. At Park West, we focus on the health of the whole family! Our pharmacists are available 24/7 for emergencies, to make sure all of our patients are taken care of!

THE PHARMACISTS

Dalton Herzig, PharmD

Born in North East Arkansas, Dalton has spent all his life and career in Arkansas. He completed a bachelor's degree with honors in Biology at Arkansas State University. Dalton graduated with a Doctor of Pharmacy from the UAMS College of Pharmacy in Little Rock, AR.

In 2019 he purchased Park West Pharmacy, realizing a lifelong dream of ownership and community outreach. Dalton is the proud father of two girls, Autumn and Evelyn Herzig. In his free time, he enjoys spending time with his wife and family, playing video games, and working on career-oriented projects.

Jesse Pruitt, PharmD

Jesse grew up in Illinois and Arkansas. He attended John Wood Community College and Arkansas State University for his undergraduate studies in Chemistry. In 2019, Jesse graduated with a Doctor of Pharmacy from UAMS College of Pharmacy.

Jesse is the proud father of three boys, Parker, Griffin, and Leo Pruitt. In his free time, he enjoys cooking, crafting, and playing video games.

WHY OUR PHARMACY FOR TRANS CARE

We respect every patient's right to be themselves and be comfortable in their own skin. At Park West Pharmacy, we understand gender is a fluid concept and is not strictly defined by someone's genetics or genitalia. We ask for the correct pronouns and preferred name to be used to make sure our patients feel safe and authentic at our pharmacy. We recognize that every patient has a different timeline for transitioning and that many of our individuals require discretion.

OUR THOUGHTS ON HORMONE REPLACEMENT THERAPY

We understand that HRT is not necessary for a patient to transition. Everyone has a different comfort level in which they would like to reach with their transition. Park West Pharmacy feels as though "YMMV," Your Mileage May Vary, is the best phrase to embody decisions surrounding HRT. Although the response to HRT varies between patients, HRT is an excellent resource used to help gain secondary sex characteristics while transitioning.

For the patients who feel they would be helped by starting HRT, cost should never be a deciding factor when starting or continuing therapy. If HRT allows the patient to feel more like themselves and help them develop into the person they want to be, they should be allowed access to those medications. At Park West Pharmacy, we have partnered with our drug supplier to allow patients to receive commonly prescribed HRT medications at cost. We have attached a list of commonly prescribed medications with the most up to date pricing.

Recognizing the difficulties that the transgendered community may experience, Park West Pharmacy is dedicated to improving access to quality care. Our hope is to alleviate common hurdles in the healthcare setting by providing a respectful and welcoming environment. Life can be much harder to experience when one feels forced to be their chosen gender or is delayed on their path to be their authentic self. Park West wants to be a resource for our patients and the transgendered community and hopes to make life a little brighter and easier.

HRT COMMON MEDICATIONS

	MEDICATION	STRENGTH	QUANTITY	PRICE
1.	Spironolactone	50mg	30	$2.00
2.	Spironolactone	100mg	30	$3.90
3.	Estradiol	1mg	30	$1.56
4.	Estradiol	2mg	30	$2.34
5.	Finasteride	1mg	30	$0.66
6.	Finasteride	5mg	30	$1.50
7.	*Medroxyprogesterone IM	150mg	1	$18.99
8.	Progesterone	100mg	30	$7.34
9.	Progesterone	200mg	30	$12.00
10.	Medroxyprogesterone	2.5mg	30	$1.99
11.	Medroxyprogesterone	5mg	30	$2.69
12.	Medroxyprogesterone	10mg	30	$3.29
13.	Estradiol Patch	0.025mg	8	$35.00
14.	Estradiol Patch	0.0375mg	8	$35.00
15.	Estradiol Patch	0.05mg	8	$35.00
16.	Estradiol Patch	0.075mg	8	$35.00
17.	Estradiol Patch	0.1mg	8	$35.00
18.	*Depo-Estradiol	5mg/mL	5mL	$110.01
19.	*Estradiol Valerate	100mg/5mL	5mL	$115.15
20.	*Estradiol Valerate	200mg/5mL	5mL	$191.03
21.	*Testosterone	200mg/mL	1mL	$12.72

* FOR INJECTIONS, INJECTION SUPPLIES WILL BE GIVEN AT NO ADDITIONAL COST. ALSO, TRAINING WILL READILY BE AVAILABLE FOR THOSE WHO WANT TO SELF-ADMINISTER. IF NOT, THE PHARMACIST ON DUTY WILL GLADLY ADMINISTER.
* PRICES ARE SUBJECT TO CHANGE DUE TO VARIATIONS OF THE MARKET.