

EXHIBIT 14



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Abortion Access Guide in Louisiana

Doctors have been banned from performing abortions in Louisiana, but you still have options. People in Louisiana can travel to nearby states or [order abortion pills by mail](#). I Need An A helps people compare abortion clinics, pills by mail, costs, financial support, and legal information based on their situation.



Find all your abortion options

Providers, laws, costs, and support updated daily

Search now

Your options: order pills or travel to a clinic



Order abortion pills online

Pills can cost an estimated \$150 or less and arrive in 2-5 days. Taking pills on your own is medically very safe, but may come with legal risk.

Vetted providers in Louisiana

- [The MAP / Cambridge Reproductive Health Consultants](#)
- [Southern Woven](#)
- [We Take Care of Us • Nos Cuidamos](#)
- [Abuzz](#)
- [Choices Rising](#)
- [At Home Abortion via provider in "shield law" state](#)
- [Community Networks in Louisiana](#)
- [Women On Web](#)



Travel to an out-of-state clinic

You can travel out of state to get an in-person abortion. Based on distance and clinic accessibility, these are the most practical clinics for residents of the major cities in Louisiana:

Destinations accessible from [Lafayette](#)

- 1 clinic in [Springfield, MO](#) (~10½ hr drive)
- 3 clinics in Marion-Herrin, IL (~11 hr drive)
- 2 clinics in [St Louis, MO](#) (~2 hr flight) ✈️
- 5 clinics in [Tampa Bay, FL](#) (~2½ hr flight) ✈️

Destinations accessible from [New Orleans](#)

- 1 clinic in [Springfield, MO](#) (~12 hr drive)
- 3 clinics in Marion-Herrin, IL (~10½ hr drive)

- [Aid Access](#)
- [A Safe Choice](#)
- [Community Network - AccessMA](#)
- [Abortion Pills In Private](#)
- [Her Safe Harbor](#)
- 2 clinics in [St Louis, MO](#) (~2 hr flight) ✈️
- 5 clinics in [Tampa Bay, FL](#) (~2½ hr flight) ✈️

Find all your options with search



Current Louisiana Abortion Laws

Abortion is mostly banned in Louisiana, but you still have options ❤️

Under [Louisiana Revised Statutes § 40:1061.1.3](#), providers can only provide abortion care in very limited situations, such as to prevent a serious health risk to the pregnant person.

These laws apply to providers — not the person having an abortion. In fact, the law specifically says it cannot be used to punish the person who has an abortion. In simple terms, self-managed abortion is not a crime in Louisiana.

Here are other key pieces of legal context to consider when exploring your options in Louisiana:

- Abortion pills by mail are available in every state including Louisiana. Self-managed abortion is not a crime.
- Although telehealth abortion is not permitted in Louisiana, people can still order abortion pills online. Louisiana law does not criminalize taking abortion pills, but what the law says can be different than what happens in reality.

- Traveling out of Louisiana to get an abortion in another state is not a crime. If you [decide to travel](#), you can go to another state where abortion is legal and get care there.
- Louisiana law allows abortion only in very limited situations, such as to save the life of the patient, to protect the physical health of the patient, or in the case of serious fetal anomaly.
- Even when someone qualifies for an exception, it can be very hard to find a provider who will offer care. You can find exceptions-based care information on [this map](#).

If you have questions about legal risk or your rights, call the [Repro Legal Helpline](#) at 1-844-868-2812.

Collapse additional legal info

Learn more about the laws in Louisiana at Repro Legal Helpline →

This legal information is sourced from the [Abortion Policy API](#). It was last refreshed on September 24, 2026. If you see issues, please contact us.

Frequently asked questions



How much do abortions cost in Louisiana?





What if I need help paying?



What's an in-clinic abortion like?



What happens with abortion pills?



What are the abortion laws in Louisiana?



I need help. Who can I talk to?



The most important thing to know: You're not alone.

People from all walks of life have abortions. These are some of their stories.

audio 2+ abortions +13

video self managed +8

**Amy, 46 (Cincinnati, Oh
1991/92 & New Orleans,
La 2010/11)**

 Podcast length 43:06

Listen @ The Abortion Diary

**How I Had an Abortion
at Home in Texas**

 Video length 8:54

Watch @ Press

video written +9

***One misconception
about people who get
abortions is that we're...***

 Video length 4:46

Watch @ WeTestify

See more stories



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support with our search tool

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New Orleans

Lafayette

Shreveport

Monroe

Find abortion options in other states

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Kansas

Alaska

Kentucky

Arizona

Maine

Arkansas

Maryland

California

Massachusetts

Colorado

Mexico

Connecticut

Michigan

Delaware

Minnesota

District of Columbia

Mississippi

Florida

Missouri

Georgia

Montana

Hawaii

Nebraska

Idaho

Nevada

Illinois

New Hampshire

Indiana

New Jersey

Iowa

New Mexico

New York	South Dakota
North Carolina	Tennessee
North Dakota	Texas
Ohio	Utah
Oklahoma	Vermont
Oregon	Virginia
Pennsylvania	Washington
Puerto Rico	West Virginia
Rhode Island	Wisconsin
South Carolina	Wyoming

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[Learn more about privacy](#)



About ineedana.com

Built by people who've had abortions for people who will, ineedana.com launched in 2016 as the first comprehensive and regularly updated resource for abortion seekers in the US. Since then, we've been called the "Quintessential Post-Roe Resource" by The Nation, appeared on John Oliver's Last Week Tonight, and, most importantly to us, have helped more than 3 million people learn about their options. As a small and independent non-profit project, we couldn't do it without the support of our volunteers and donors.

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