

EXHIBIT 22



How Mississippi Residents Can Get Abortion Pills in 2026: 3 Private Paths

 June 26th, 2026

Navigating Mississippi's Abortion Restrictions

Mississippi was at the center of the legal case that overturned Roe v. Wade, and its trigger law now bans abortion at every stage of pregnancy. The state has even taken the position that mailing abortion medication into Mississippi could be a crime. But there is still a way forward. Shield-law providers like A Safe Choice can prescribe and ship abortion pills in Mississippi legally, and advanced provision lets you have them on hand.

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even need them. This guide explains the legal landscape, how medication abortion works, and how to get abortion pills in Mississippi privately and safely.

No judgment. Just the facts.

What Mississippi's Law Says Right Now

Mississippi has a near-total abortion ban. The state's trigger law, which took effect after the Supreme Court's 2022 Dobbs decision, prohibits abortion at every stage of pregnancy. The law explicitly bans the use of any medicine or drug to terminate a pregnancy, with narrow exceptions only to save the life of the pregnant person or in cases of rape where a formal charge has been filed with law enforcement.

Mississippi's attorney general has also argued that mailing abortion pills into the state could be punishable by up to five years in prison. While enforcement against out-of-state providers operating under shield laws remains legally uncertain, the practical effect is that no clinics inside Mississippi provide abortion care, and the state takes an aggressive posture toward anyone facilitating abortion within its borders.

Because in-state access is nonexistent, many Mississippians now rely on telehealth providers based in states with shield laws. These laws protect doctors who prescribe and mail abortion pills to people in Mississippi and other restricted states. It is a proven, legal pathway that thousands of people use



every year to get abortion pills in Mississippi and other banned states.

How Abortion Pills Work

Medication abortion uses two [FDA-approved medications](#): mifepristone and misoprostol.

You start with mifepristone, which blocks progesterone, the hormone your body needs to maintain a pregnancy. Then, 24 to 48 hours later, you take misoprostol. This second medication causes your uterus to contract and pass the pregnancy, similar to how a miscarriage occurs naturally.

The experience is typically compared to a heavy period. Cramping and bleeding generally last four to seven days, with lighter spotting possible after that. Nausea and diarrhea may occur for a few hours after taking misoprostol, but these effects are temporary.

The two-drug regimen is about 96 to 98 percent effective in early pregnancy. Serious complications happen in fewer than one percent of cases. Be alert for warning signs: soaking through two pads per hour for two consecutive hours, severe stomach pain that does not go away, or a high fever. If any of these occur, go to an emergency room. You can say, "I am pregnant and bleeding," and you will receive the care you need. You are not required to mention the pills.

Getting Abortion Pills in Mississippi Through A Safe Choice

A Safe Choice is a telehealth network of licensed doctors who provide medication abortion care. They partner with Optio Women's Health, an online clinic operating under California's shield law. Their physicians are legally protected when they prescribe and ship abortion pills to people in Mississippi and other states with restrictions.

The process is simple and private. Visit asafechoicenetwork.com and fill out a secure health intake form. No account is needed. The form asks about your medical history, current medications, and your last menstrual period if you know it. A licensed physician reviews your information, and if you are eligible, they prescribe the standard mifepristone and misoprostol regimen so you can get abortion pills in Mississippi without leaving your home.

The total cost is \$150. That covers the medications, the clinical review, shipping, and follow-up support. Packages are sent via USPS Priority Mail in plain, unmarked packaging and arrive within two to three business days. Nothing on the outside indicates what is inside.

You also have phone access to licensed doctors throughout the entire process. When your medications arrive, you will have clear, step-by-step written instructions to guide you.

Advanced Provision: Order Before You Need Them

Here is one of the most important things to know about A Safe Choice: you do not have to be pregnant to order. This is called advanced provision, and in a state like Mississippi, it can make all the difference.

Because Mississippi's laws make it impossible to access abortion care in-state and the state has taken an aggressive stance against mailing abortion medication, having pills already on hand means you avoid the legal gray area of shipping entirely. If you already have the pills at home, that problem goes away. You do not need a pregnancy test to order through advanced provision. Misoprostol has a shelf life of about two years, and mifepristone lasts about five years. Store them in a cool, dry, dark place, and they will be ready if and when you need them.

No pregnancy test. No account. Completely confidential.

Your Privacy Matters

A Safe Choice prioritizes your privacy. No account is required, and their processes are built to protect your health information. The packaging is completely discreet.

You can take additional steps to protect yourself. Use a private email address unconnected to your regular accounts. Delete confirmation emails after saving your tracking in



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you share a device, clear your browsing history after visiting the site. Keep your medications somewhere secure and private.

If you need emergency medical care at any point, you do not have to tell anyone you took abortion pills. Simply tell the provider you are pregnant and bleeding. They are trained to treat complications from pregnancy loss and will take care of you.

What About the Law and Your Safety?

This is a concern for many people, so let us be direct. Mississippi's laws are written to target providers and facilitators of abortion services, not individuals who take abortion pills. Mississippi's statute expressly exempts the pregnant person from prosecution. No person in the U.S. has been successfully convicted of a crime solely for taking abortion pills, though a small number of people have been arrested and charged. In every documented case where charges were filed, they were later dropped. Mississippi's law expressly exempts the pregnant person from prosecution and targets those who perform or facilitate abortion, not the person taking the medication. Still, it makes sense to be thoughtful and protect your privacy.

The Repro Legal Helpline at 844-868-2812 is a free, confidential resource staffed by lawyers who specialize in these questions. If you are unsure about your situation, give them a call.

Resources That Can Help

Whether you need legal information, financial help, or emotional support, organizations are ready to stand with you.

The Repro Legal Helpline (844-868-2812) offers free, confidential, state-specific legal guidance. The All-Options Talkline (1-888-493-0092) is a non-judgmental line for anyone navigating a pregnancy decision. The Mississippi Reproductive Freedom Fund and the Yellowhammer Fund, which serves the broader Deep South region, are strong regional resources for financial assistance and practical support. The National Network of Abortion Funds can also help connect you with funding and logistics.

And of course, A Safe Choice is available at asafechoicenetwork.com or by phone at (707) 710-8866.

Frequently Asked Questions

Can I get abortion pills in Mississippi through telehealth?

Yes. Doctors in shield-law states like California can legally prescribe and mail abortion pills in Mississippi, even though no in-state clinics can provide them. Telehealth and advanced provision are the main paths for Mississippians today.

Is it legal for out-of-state doctors to send pills to Mississippi?

Doctors in shield-law states are protected in their home jurisdictions. Mississippi's attorney general has taken an aggressive stance, but the law targets providers



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For specific guidance, call the Repro Legal Helpline at 844-868-2812.

Are there any abortion clinics in Mississippi?

No. Mississippi's near-total ban means no clinics currently provide abortion care in the state. People often travel to Illinois, use a telehealth provider, or arrange to get abortion pills in Mississippi ahead of time through advanced provision.

Can I order pills before I am pregnant?

Yes. Advanced provision is available through A Safe Choice. No pregnancy test is needed. Misoprostol stays effective for about two years and mifepristone for about five years when stored properly. This is especially important in Mississippi, where having pills already on hand avoids the legal gray area of shipping after a pregnancy is confirmed.

What does it cost?

The flat fee is \$150, covering everything: medications, clinical review, USPS Priority shipping with tracking, and follow-up support.

Mississippi's near-total ban creates genuine and serious barriers. But options still exist, and you do not have to face this alone. Whether you order in advance, connect with a telehealth provider, or reach out to a local organization, people are ready to help you make the decision that is right for your life.

Contact A Safe Choice at asafechoicenetwork.com or by calling (707) 710-8866. For legal questions about your specific situation, the Repro Legal Helpline is at 844-868-2812

You deserve clear information, real privacy, and care that treats you with respect.

Legal information is current as of July 2, 2026. Laws can change rapidly. Readers should verify current laws and consult the Repro Legal Helpline at 844-868-2812 for personalized legal guidance.



Related Resources

For more context before ordering, read our guides to [buying abortion pills online safely](#), [mifepristone](#), and [misoprostol](#). These resources explain how the medications work and what to consider when using telehealth in Mississippi.



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