

EXHIBIT 45

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FAQs

Is Southern Woven Legit? Here's What You Should Know

 Southern Woven Medical Team  April 10, 2026  5 min read

Is Southern Woven Legit?

If you searched "is Southern Woven legit," we get it. That's a smart question to ask before trusting any online healthcare provider, especially for something this personal.

The short answer: **yes**. Southern Woven is a real telehealth service staffed by licensed clinicians who prescribe FDA-approved medications for abortion and [missed period pills](#). Our availability varies by state and can change over time; when you begin a consultation, we'll tell you right away if we're able to serve you where you are. Our care is confidential, affordable, and medically supervised.

But you shouldn't just take our word for it. Here's how to verify us yourself.

Who We Are

Southern Woven is a telehealth medication abortion service. We connect people with licensed healthcare providers who can prescribe FDA-approved medications used safely by millions of people worldwide for over 30 years.

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Our care is available on a **\$0–145 sliding scale** because we believe cost should never be the reason someone can't access healthcare.

How to Verify Us

Don't just trust us. Check us yourself:

Check Our Referral Partners

Southern Woven is a referral partner of some of the most trusted organizations in the reproductive health space:

- **Plan C** (plancpills.org). The leading resource for information about accessing abortion pills in every state. Plan C links directly to our consultation page.
- **AbortionFinder.org**. A verified directory of abortion services. AbortionFinder also links to Southern Woven.
- **INeedAnA.com**. A trusted search tool for finding abortion services. Southern Woven is listed as a verified provider.

These organizations vet providers before listing them. If they trust us enough to send people our way, that's a meaningful signal.

Look at What We Actually Do

Here's what happens when you start a consultation with Southern Woven:

1. **You fill out a health questionnaire.** We ask about your medical history, current medications, allergies, and timing. This is how real medicine works.
2. **A licensed clinician reviews your case.** Not an algorithm or a chatbot. A real healthcare provider looks at your information and makes a medical decision, usually within one business day.
3. **If approved, your medications ship.** FDA-approved medications, sent in plain, discreet packaging with no branding on the outside.

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Check Our Privacy Protections

All care through Southern Woven is:

- **HIPAA-protected:** your information is encrypted and confidential
- **Discreetly shipped:** plain packaging, no indication of contents
- **Legally protected:** our providers operate under [shield laws](#) in their home states

For tips on protecting your own digital privacy, see our [digital privacy guide](#).

Why People Ask This Question

We understand why you're cautious. Here's what's going on:

There are a lot of options out there, and it's hard to know who's who. Some sites are telehealth clinics, some are community organizations, and some are anti-abortion organizations pretending to be healthcare providers. When you're searching for help at a stressful time, it's hard to sort through it all.

Telehealth for abortion is still relatively new. Even though medication abortion has been around for decades, getting it through telehealth, especially across state lines, is a newer model. It makes sense to want reassurance that it's real.

The name might be unfamiliar. We're not a massive corporation with a Super Bowl ad. We're a focused service built specifically to reach people in the communities that need us most. Being small doesn't mean being illegitimate. It means being intentional.

For a broader guide to evaluating any online abortion service, check out our checklist: [How to Tell If an Online Abortion Service Is Legit](#).

What We Don't Do

Transparency goes both ways. Here's what we're upfront about:

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- We do **not** provide legal advice. For legal questions, we always refer to the **If/When/How Repro Legal Helpline** at **844-868-2812**
- We do **not** claim that accessing care through telemedicine is "legal" in every state. What we say is that people across all 50 states are safely accessing care, and that shield laws protect the providers who prescribe

We'd rather be honest than oversell. You deserve a provider who tells you the truth.

Real Care, Real People

We know that searching for abortion care online can feel isolating and stressful. We built Southern Woven because we believe that everyone deserves access to safe, compassionate reproductive healthcare.

If you have questions before starting a consultation, you can reach us:

- **Email:** hello@southernwoven.com
- **Phone:** 845-THE-PILL
- **Consultation:** [Start here](#)

We're real. We're here. And we're on your side.

This information is for educational purposes and is not a substitute for medical advice. Content reviewed by the Southern Woven Medical Team.

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This is educational content only and is not medical or legal advice. Medication abortion regimens may vary, and the right plan for you depends on your specific situation. For care decisions, talk to your provider. For legal questions, contact [If/When/How](#) at 844-868-2812.

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